



**MGM INSTITUTE OF PHYSIOTHERAPY
AURANGABAD**


Monthly Lesson Plan

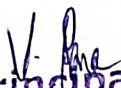
Doc No.	SOP/MGMIOP/ MLP/ IQAC/005
Issue No.	1
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Subject : Community Physiotherapy
Month : August 2021

Year : 4th Year BPT (Regular & odd batch)

Date	Day	Topic	Staff	Time	Hrs
07/08/2020	Friday	Disability – type & prevention	Dr.Doss Prakash	10.00 to 11.00 AM	1 hr
13/08/2020	Thursday	Disability- evaluation	Dr.Doss Prakash	10.00 to 11.00 AM	1 hr
14/08/2020	Friday	Rehabilitation – Definition & types	Dr.Doss Prakash	10.00 to 11.00 AM	1 hr
19/08/2020	Wednesday	National policies for Rehabilitation	Dr.Doss Prakash	10.00 to 11.00 AM	1 hr
20/08/2020	Thursday	Rehabilitation team	Dr.Doss Prakash	10.00 to 11.00 AM	1 hr
21/08/2020	Friday	Role of PT in CBR	Dr.Doss Prakash	10.00 to 11.00 AM	1 hr
26/08/2020	Wednesday	CBR strategies in urban area	Dr.Doss Prakash	10.00 to 11.00 AM	1 hr
27/08/2020	Thursday	CBR strategies in rural area	Dr.Doss Prakash	10.00 to 11.00 AM	1 hr
Total Lecture Hours					8 hrs


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Subject : Community Physiotherapy
Month : September 2021

Year : 4th Year BPT

Date	Day	Topic	Staff	Time	Hrs
09/09/2021	Thursday	Mechanical Stress -1	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
13/09/2021	Monday	Mechanical Stress -1	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
14/09/2021	Tuesday	Mechanical Stress -1	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
14/09/2021	Tuesday	Mechanical Stress -1	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
15/09/2021	Wednesday	Mechanical Stress -1	Dr.Doss Prakash	12.00 to 01.00 PM	
16/09/2021	Thursday	Social Issues	Dr.Sheetal	12.00 to 01.00 PM	1 hr
17/09/2021	Friday	Urogenital dysfunction	Dr.Sheetal	12.00 to 01.00 PM	1 hr
20/09/2021	Monday	Prolapse, Incontinence	Dr.Sheetal	12.00 to 01.00 PM	1 hr
21/09/2021	Tuesday	Women's Health	Dr.Sheetal	12.00 to 01.00 PM	1 hr
Total Lecture Hours					09 hrs


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Subject : Community Physiotherapy
Month : October 2021

Year : 4th Year BPT

Date	Day	Topic	Staff	Time	Hrs
19/10/2021	Tuesday	Worker Care Spectrum	Dr.Doss Prakash	11.00 to 12.00 PM	1 hr
20/10/2021	Wednesday	Ergonomics	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
21/10/2021	Thursday	Environmental stress -1	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
23/10/2021	Saturday	Environmental stress - 2	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
25/10/2021	Monday		Dr.Sheetal	12.00 to 01.00 PM	1 hr
26/10/2021	Tuesday		Dr.Sheetal	12.00 to 01.00 PM	1 hr
27/10/2021	Wednesday		Dr.Sheetal	12.00 to 01.00 PM	1 hr
28/10/2021	Thursday	Mechanical Hazards	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
29/10/2021	Friday		Dr.Sheetal	12.00 to 01.00 PM	1 hr
Total Lecture Hours					9 hrs

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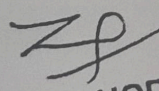
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
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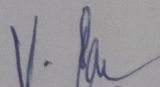
Subject : Community Physiotherapy
Month : November 2021

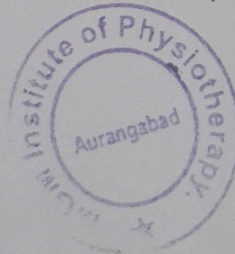
Year : 4th Year BPT


Date	Day	Topic	Staff	Time	Hrs
08/11/2021	Monday	Senior Citizens in India	Dr.Doss Prakash	11.00 to 12.00 PM	1 hr
09/11/2021	Tuesday	NGO's & Health related legal rights & benefits for elderly	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
10/11/2021	Wednesday	Institution vs community dwelling elders	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
11/11/2021	Thursday	Theories of Aging	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
12/11/2021	Friday	Theories & Physiology of Aging	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
13/11/2021	Saturday	Physiology of Aging	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
18/11/2021	Thursday	Health Promotion – Introduction	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
19/11/2021	Friday	Health care delivery system	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
20/11/2021	Saturday	Physical fitness – Growing age	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
25/11/2021	Thursday	Physical fitness – Obesity	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
26/11/2021	Friday	Physical fitness – Pregnancy	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
27/11/2021	Saturday	Physical fitness – Menopause & Osteoporosis	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
Total Lecture Hours					12 hrs


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Date	Day	Topic	Staff	Time	Hrs
08/11/2021	Monday	Senior Citizens in India	Dr.Doss Prakash	11.00 to 12.00 PM	1 hr
09/11/2021	Tuesday	NGO's & Health related legal rights & benefits for elderly	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
10/11/2021	Wednesday	Institution vs community dwelling elders	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
11/11/2021	Thursday	Theories of Aging	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
12/11/2021	Friday	Theories & Physiology of Aging	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
13/11/2021	Saturday	Physiology of Aging	Dr.Doss Prakash	12.00 to 01.00 PM	1 hr
18/11/2021	Thursday	Health Promotion – Introduction	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
19/11/2021	Friday	Health care delivery system	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
20/11/2021	Saturday	Physical fitness – Growing age	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
25/11/2021	Thursday	Physical fitness – Obesity	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
26/11/2021	Friday	Physical fitness – Pregnancy	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
27/11/2021	Saturday	Physical fitness – Menopause & Osteoporosis	Dr.Sheetal S	12.00 to 01.00 PM	1 hr
Total Lecture Hours					12 hrs


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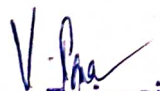
Subject : Community Physiotherapy
Month : December 2021

Year : 4th Year BPT


Date	Day	Topic	Staff	Time	Hrs
09/12/2021	Thursday	Health Promotion -1	Dr.Sheetal S	09.00 to 10.00 AM	1 hr
10/12/2021	Friday	Health Promotion -2	Dr.Sheetal S	02.00 to 03.00 PM	1 hr
16/12/2021	Thursday	Role of PT in CBR	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
27/12/2021	Friday	CBR strategy in urban & rural areas	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
23/12/2021	Thursday	Health Promotion -1	Dr.Sheetal S	09.00 to 10.00 AM	1 hr
24/12/2021	Friday	Health Promotion -2	Dr.Sheetal S	02.00 to 03.00 PM	1 hr
30/12/2021	Thursday	Disability types & prevention	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
31/12/2021	Friday	Rehabilitation – IBR & CBR	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
Total Lecture Hours					08 hr


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Subject : Community Physiotherapy
Month : January 2022


Year : 4th Year BPT

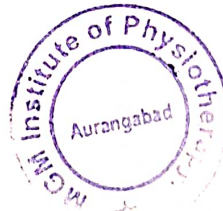
Date	Day	Topic	Staff	Time	Hrs
06/01/2022	Thursday	National policies for rehabilitation	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
07/01/2022	Friday	Rehabilitation team workers	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
13/01/2022	Thursday	Disability evaluation – upper limb	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
14/01/2022	Friday	Disability evaluation – lower limb	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
20/01/2022	Thursday	Health promotion - 05	Dr.Sheetal S	09.00 to 10.00 AM	1 hr
21/01/2022	Friday	Health promotion - 06	Dr.Sheetal S	02.00 to 03.00 PM	1 hr
27/01/2022	Thursday	Health promotion - 07	Dr.Sheetal S	09.00 to 10.00 AM	1 hr
28/01/2022	Friday	Health promotion – 08	Dr.Sheetal S	02.00 to 03.00 PM	1 hr
Total Lecture Hours					08 hrs



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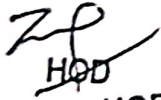


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Subject : Community Physiotherapy
Month : February 2022

Year : 4th Year BPT

Date	Day	Topic	Staff	Time	Hrs
03/02/2022	Thursday	Women in India	Dr.Sheetal S	09.00 to 10.00 AM	1 hr
04/02/2022	Friday	Social issues having impact on physical function	Dr.Sheetal S	02.00 to 03.00 PM	1 hr
10/02/2022	Thursday	Legal rights & benefits to women's health	Dr.Sheetal S	09.00 to 10.00 AM	1 hr
11/02/2022	Friday	Anatomical & Physiological Variations in Pregnancy - 01	Dr.Sheetal S	02.00 to 03.00 PM	1 hr
17/02/2022	Thursday	Senior citizens in India	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
18/02/2022	Friday	NGO's and health related legal rights and benefits for the elderly	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
24/02/2022	Thursday	Institutionalized and community dwelling elders	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
25/02/2022	Friday	Introduction to theories of aging	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
Total Lecture Hours					08 hrs


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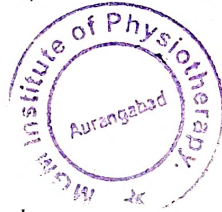
Subject : Community Physiotherapy
Month : March 2022

Year : 4th Year BPT

Date	Day	Topic	Staff	Time	Hrs
10/03/2022	Thursday	Senior citizens in India	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
11/03/2022	Friday	NGO's and health related legal rights and benefits for the elderly	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
17/03/2022	Thursday	Institutionalized and community dwelling elders	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
18/03/2022	Friday	Theories of aging - 1	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
24/03/2022	Thursday	Theories of aging - 2	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
25/03/2022	Friday	Theories of aging - 3	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
Total Lecture Hours					06 hrs

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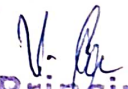
Subject : Community Physiotherapy
Month : May 2022

Year : 4th Year BPT

Date	Day	Topic	Staff	Time	Hrs
05/05/2022	Thursday	Scheme of evaluation	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
06/05/2022	Friday	Role of PT in Geriatrics	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
12/05/2022	Thursday	Disaster management - 1	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
13/05/2022	Friday	Disaster management - 2	Dr.Doss Prakash	09.00 to 10.00 AM	1 hr
19/05/2022	Thursday	PNC	Dr.Doss Prakash	02.00 to 03.00 PM	1 hr
20/05/2022	Friday	Advice on labour positions	Dr.Sheetal Swamy	09.00 to 10.00 AM	1 hr
26/05/2022	Thursday	Urogenital Dysfunction & Malignancy and therapeutic interventions	Dr.Sheetal Swamy	02.00 to 03.00 PM	1 hr
27/05/2022	Friday	Prolapse & Incontinence	Dr.Sheetal Swamy	09.00 to 10.00 AM	1 hr
Total Lecture Hours					08 hrs


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